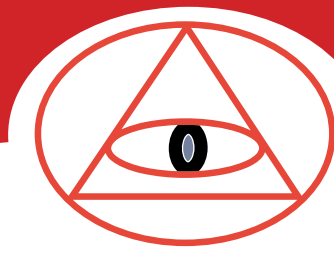


**MASSAGE OBERTAUERN**



# CHRISTIAN MAYRHOFER & TEAM

*Therapeutic Masseur | Professional Masseur*



## AT THE HOTEL

Inquiries & appointments at the reception or  
under the telephone number: +43 (0) 676 62 46 954  
also on sundays and public holidays

## MASSAGE OBERTAUERN

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[www.massage-obertauern.at](http://www.massage-obertauern.at)

# MASSAGE OBERTAUERN

Wellness and energy for body, mind and soul ...  
Time that belongs to you alone and allows you to forget the stresses of daily life!



## CLASSIC FULL MASSAGE

ca. 40 min. Legs and back	€ 53,-
ca. 50 min. Full body massage	€ 63,-
ca. 60 min. Full body massage	€ 73,-
ca. 90 min. Full body massage	€ 99,-

Full-body muscle massage (Swedish massage) to relieve tension and loosen the musculature. Blood circulation in muscles and the skin is increased significantly. This leads to relaxation of muscles, and while at the same time removing toxins from the body.

## RELAXATION MASSAGE

ca. 60 min.	€ 75,-
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Gentle full-body massage for pure relaxation.

## BACK MASSAGE WITH CUPPING

ca. 40 min.	€ 58,-
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Back massage and in addition gluing of the back with cupping glasses is solved.

## CLASSIC PARTIAL MASSAGE (BACK)

Standard ca. 25 min.	€ 34,-
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Normally we treat the back, but you can also have us pamper your legs, arms or hands. This is a muscle massage designed to relieve tension and loosen the musculature.

## SKI-FIT MASSAGE

ca. 30 min.	€ 39,-
With main focus knee approx. 40 min.	€ 58,-

Leg and foot massage for tired skier's legs. So that the upcoming days of your vacation are every bit as enjoyable.

## COMBO MASSAGE

<b>Combo Massage I ca. 30 min.</b> Consists of a ca. 10 min. foot reflexology massage and ca. 20 min. back massage.	€ 44,-
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<b>Combo Massage II ca. 70 min.</b> Consists of a ca. 20 min. foot reflexology massage and ca. 50 min. full massage.	€ 94,-
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Through the combination of foot reflexology massage and classic massage, the positive effects on muscles and the body are increased substantially.

## FOOT MASSAGE

ca. 20 min.	€ 29,-
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Designed to revitalize tired feet with the help of a soothing foot balm.

## FOOT REFLEXOLOGY MASSAGE

Standard ca. 20 min.	€ 36,-
Special ca. 30 min.	€ 46,-

Reflexology treatment of the whole body through the feet, helping to identify weak points and treat them as needed.

## CLASSIC FACIAL MASSAGE

ca. 20 min.	€ 29,-
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To provide the care and pampering your face deserves.

## HEAD FREE

ca. 25 min.	€ 36,-
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Head, ear and neck massage

## LYMPHDRAINAGE

<b>Facial lymphatic drainage</b> ca. 20 min.	€ 36,-
<b>Partial body lymphatic drainage</b> ca. 30 min.	€ 46,-
<b>Full body lymphatic drainage</b> ca. 60 min.	from € 87,-

During manual lymph drainage, lymphatic fluid is moved by means of soft, pumping massage holds in the direction necessary for efficient drainage. Lymph drainage stimulates lymphatic flow. It is both relaxing and detoxifying

## CONNECTIVE TISSUE MASSAGE

Connective tissue massage ca. 20 min.	€ 36,-
Connective tissue massage with back massage ca. 40 min.	€ 58,-

This massage is designed to stimulate the body, which means it is quite intensive. There is an increased blood circulation of the tissue, while also having reflexology effects on the inner organs. This treatment focuses on the back.

## HOT STONE

Standard ca. 60 min.	€ 84,-
Special ca. 80 min.	€ 99,-

Hot Stone is a gentle massage of the whole body. Hot basaltic rocks and warm oil lead to deep relaxation.

## KIDS MASSAGE WITH CHOCOLATE OIL

ca. 20 min.	€ 29,-
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With pleasant massage holds and stroking motions, the legs and back receive a true pampering. If desired, this massage can also be enjoyed with chocolate oil. After the massage, a small sweet surprise awaits.

*\* For an additional charge, we are more than happy to extend the treatment time.*

*All prices include sales taxes (VAT): Status: 11/2016, valid in Obertauern. Not liable for errors or inaccuracies. Information subject to change!*

*Appointments which are either not kept or canceled in timely fashion (no later than 4 hours in advance) are billed in full. We appreciate your cooperation.*